

When You Need Help- Redcliff

24 Hour Crisis Resources

Addiction/Smoking Helpline.....	1-866-332-2322
Canadian Red Cross Society.....	1-888-800-6493
Child Abuse Hotline.....	1-800-387-5437
Child Protection Crisis Line.....	1-800-638-0715
Health Link.....	1-866-408-5465
Kids Help Phone.....	1-800-668-6868
Medicine Hat Women's Shelter Society.....	403-529-1091
Toll-free.....	1-800-661-7949
Men's Line (long distance).....	1-403-266-4357
Mental Health Help Line.....	1-877-303-2642
Out is OK Line.....	1-877-688-4765
Parent Helpline.....	1-888-603-9100
Salvation Army Family Support Centre.....	526-9699
Victim Services Unit of RCMP – Redcliff.....	548-7848

Other Community Services and Groups

Canadian Mental Health Association.....	526-3048
Champion's Centre.....	504-0342
Food Bank.....	528-4566
KEAS (Kiwans Emergency Alert System).....	529-8899
Legal Aid of Alberta.....	488-7032
Medicine Hat in Home Detox Program (VON).....	529-1222
Medicine Hat John Howard Society.....	526-5916
Medicine Hat Community Housing Society.....	527-4507
Medicine Hat Legal Guidance.....	380-6338
Probation/Community Corrections Service.....	488-4547
Saamis Immigration Services Association.....	504-1188
South Eastern Alberta Safety Alliance Society.....	529-2912
United Way.....	526-5544

City Services

Meals-on-Wheels.....	548-3232
Redcliff Aquatic Center.....	548-9242
Redcliff Library.....	548-3335
Redcliff RCMP.....	548-2288
Town of Redcliff.....	548-3618

Counselling and Support

Alberta Seniors & Community Supports.....	529-3156
Medicine Hat Family Service.....	504-8026
Miywasin Society of Aboriginal Services.....	526-0756
Pregnancy Support Centre.....	504-8560
Sexual Abuse Counselling.....	529-3500

Education and Support

Developing Redcliff Educational and Mental Health Supports (DREAMS).....	502-1878
Adult Basic Literacy Education.....	529-3828
AISH.....	529-3550
Alberta Works.....	529-3683
Brain Injury Relearning Services.....	528-2661
Budgeting Workshop.....	504-1811
CORE Association.....	527-3302
Senior Outreach Services (Formerly CRANE).....	504-1811
Immigrant Legal Education Services.....	526-5916
L.E.A.R.N.....	504-3513
Medicine Hat Cares Centre.....	527-5882
Next Step Residential Services.....	527-4999
Office of the Public Guardian.....	529-3744
Persons with Developmental Disabilities.....	529-3144
REDI Enterprises.....	526-5742
Sexual Assault Response Committee.....	548-2717
Victorian Order of Nurses.....	529-1222

Provincial Numbers

Alberta Health Care Insurance Plan.....	310-0000
Then Dial.....	780-427-1432
Alberta Mental Health Patient Advocate Office.....	310-0000
Then Dial.....	780-422-1812
Alberta Seniors Benefits.....	1-800-642-3853
Canada Mortgage & Housing Corp.....	1-877-499-7245
Canada Pension Plan.....	1-800-277-9914
Child and Youth Advocate.....	1-800-661-3446
Credit Counseling Services.....	1-888-294-0076
Dial-a-law & Lawyer Ref. Services.....	1-800-332-1091
Family Law Information Centre.....	529-8715

Children & Youth

Redcliff Youth Centre.....	548-2811
Big Brothers & Big Sisters.....	527-6640
Bridges Family Program.....	526-7473
Child and Family Services.....	529-3607
Inn Between Youth Shelter.....	529-6367
McMan Youth Fam. & Comm. Services.....	527-1588
McMan Parent Link Centre.....	504-0833
Regional Autism Coordinator.....	527-3302
Colour Me Free LGBTQ Education & Support.....	502-3014

Family Violence Line.....	310-1818
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Alberta Health Services

Home Care Program.....	581-5750
Children's Health and Development Services.....	529-8966
General Inquiries.....	528-5633
Living Healthy Program.....	529-8969
Medicine Hat Regional Hospital.....	529-8000
Sexual Health.....	502-8305
Community Health Centre.....	502-8200

Redcliff Family School Liaison Workers

Isabel F Cox: Janay Gregory.....	548-1257
Margaret Wooding: Jennifer Hynes.....	548-0857
Parkside School: Tanya Ridgedale.....	502-2126
Eagle Butte High School: Emma Wright.....	878-4493
Redcliff Mennonite Alternative Program (RMAP) Janay Gregory.....	548-1257

Groups and Organizations

Al-Anon/Alateen.....	527-8252
Alcoholics Anonymous.....	527-2065
Concurrent Disorders Support Group (Addictions & Mental Illness).....	529-3500/529-3582
Family & Friends of Adults with FASD.....	526-5742
Food Addicts in Recovery Anonymous.....	532-0505
FORWARD Support Group (For past & present drug users).....	527-5882
Gamblers Anonymous.....	1-888-424-3577
Men's Work Aftercare Support.....	526-5916
Narcotics Anonymous.....	979-2440
Phoenix Safe House Woman's Support Group.....	527-8223
Schizophrenia Family Support Group.....	526-8515
Schizophrenia Society of Alberta.....	526-8515
Stroke Recovery Group.....	526-6764/527-0899
Unsung Heroes (Schizophrenia Support Group).....	526-8515
Whispers of Wellness Mental Health Club.....	504-1811

Addiction and Mental Health

Mental Health Community Support Services.....	502-8617
Mental Health Promotion.....	529-8030
Palliser Adolescent Services (PAS).....	529-8903
Group Works.....	529-8030
Addiction and Mental Health Clinic.....	529-3500/529-3582

