

When You Need Help- Redcliff 2017

24 Hour Crisis Resources

Addiction/Smoking Helpline.....	1-866-332-2322
Canadian Red Cross Society.....	1-888-800-6493
Child Abuse Hotline.....	1-800-387-5437
Health Link.....	1-866-408-5465
Kids Help Phone.....	1-800-668-6868
Medicine Hat Women's Shelter Society.....	403-529-1091
Alberta Mental Health Emergency Help.....	1-877-303-2642
Out is OK Line.....	1-877-OUT-IS-OK
Salvation Army Family Support Centre.....	526-9699
Victim Services Unit of RCMP – Redcliff.....	548-7848

Community Organizations Services and Groups

Canadian Mental Health Association.....	504-1811
Champion's Centre.....	504-0342
Food Bank.....	528-4566
KEAS (Kiwanis Emergency Alert System).....	529-8899
Legal Aid of Alberta.....	1-866-845-3425
Medicine Hat in Home Detox Program (VON).....	529-1222
Medicine Hat Community Housing Society.....	527-4507
Saamis Immigration Services Association.....	504-1188
South Eastern Alberta Safety Alliance Society.....	529-2912
United Way of South Eastern Alberta.....	526-5544
Al-Anon/Alateen.....	527-8252
Alcoholics Anonymous.....	527-2065
Gamblers Anonymous.....	1-888-424-3577
Phoenix Safe House Woman's Support Group.....	527-8223
Schizophrenia Society of Alberta.....	526-8515

Canadian Mental Health Association

Housing First Program	504-1811
Community Helper Program	
Family and Friends Support group	
Financial Administrator Program	
Suicide Prevention Program	
Suicide Bereavement Support Group	
Whispers of Wellness Mental Health Club	
Yellow Ribbon Program	
The POST Thrift Store and Donation Pick- Up	

Redcliff Churches

St. Ambrose Anglican Church.....	548-6302
Gordon Memorial United Church.....	548-7110

Education and Support

Developing Redcliff Educational and Mental Health Supports (DREAMS).....	502-1878
Addictions & Mental Health – Prevention/Promotion Programs.....	529-3582
Alberta Quits Tobacco Cessation Program..	1-866-710-7848
AISH.....	529-3550
Alberta Works.....	529-3683
Brain Injury Relearning Services.....	528-2661
CORE Association.....	527-3302
Senior Outreach Services (Formerly CRANE)	529-4798
Immigrant Legal Education Services.....	526-5916
Lifelong Education And Resource Network (LEARN).....	504-3513
Medicine Hat Cares Centre.....	527-5882
Next Step Residential Services.....	527-4999
Office of the Public Guardian.....	528-5245
Persons with Developmental Disabilities.....	529-3144
REDI Enterprises.....	526-5742
Sexual Assault Response Committee (SARC).....	548-2717
Victorian Order of Nurses.....	529-1222

City Services

Redcliff Family and Community Support Service.	548-3618
Redcliff Aquatic Center.....	548-9242
Redcliff Library.....	548-3335
Redcliff RCMP.....	548-2288
Town of Redcliff.....	548-3618

Alberta Health Services

Developing Redcliff Educational and Mental Health Supports (DREAMS).....	502-1878
Addictions & Mental Health Services – Adult.....	529-3500
Addictions & Mental Health – Children.....	529-3582
Children's Health and Development Services (CHADS).....	529-8966
Healthy Living Program.....	529-8969
Home Care Program.....	581-5750
Medicine Hat Recovery Center.....	529-9021
Medicine Hat Regional Hospital.....	529-8000
Sexual Health.....	502-8305
Community Health Centre.....	502-8200

Family, Children & Youth

Redcliff Youth Centre.....	548-2811
AHS: Addictions & Mental Health.....	529-3582
Big Brothers & Big Sisters.....	527-6640
Bridges Family Program.....	526-7473
Child and Family Services (Child Protection).....	529-3657
Inn Between Youth Shelter.....	529-6367
McMan Youth Fam. & Comm. Services.....	527-1588
McMan Parent Link Centre.....	504-0833
Family Violence Line.....	310-1818

Redcliff Family School Liaison Workers

Isabel F Cox: Janay Gregory.....	548-1257
Margaret Wooding: Jennifer Hynes.....	548-0857
Parkside School: Tanya Ridgedale.....	502-2126
Eagle Butte High School: Emma Wright.....	581-1818
Redcliff Mennonite Alternative Program (RMAP) Allison Frey.....	878-4493

Counselling and Support

Addictions & Mental Health Services – Adult....	529-3500
Addictions & Mental Health-Children+Youth.....	529-3582
Alberta Seniors & Community Supports.....	529-3156
Medicine Hat Family Service.....	504-8026
Miywasin Society of Aboriginal Services.....	526-0756
Pregnancy Support Centre.....	504-8560
Sexual Assault Counselling (SARC).....	548-2717

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LGBTQ Education & Outreach Support..... 502-3014



DREAMS
Developing Redcliff Educational and Mental Health Supports



Canadian Mental Health Association
Alberta Southeast Region
Mental health for all

